



PACKING LIST & INFORMATION

Please remember that you will be travelling in the wilderness. When packing, wrap your gear **inside a garbage bag** to keep it dry (this is the standard way to pack for camping in the Haida Gwaii rainforest). Put participants name on clothing and personal items. Please pack only what is on the list as space on the boat is limited. Your personal gear should be no larger than a medium sized duffel bag and a small daypack. *Parents/Guardians: please help your children pack to ensure adequate equipment.*

Mandatory Items:

- Personal water bottle
- Small backpack or day bag
- Sleeping bag
- Smaller blanket for around camp
- Rain gear (water-PROOF, send even if weather is nice: rain pants, rain jacket)
- any swimming gear (goggles, etc)
- second dose of necessary personal medications (marked with instructions and given to Camp Staff)
- personal flashlight with new batteries

Footwear:

- 2 pairs of wool socks
- 1 pair of necessary GUMBOOTS
- 1 pair ankle support/high hiking boots
- 5 pairs cotton socks (minimum)

For travel in to camp (put in day pack):

- substantial and healthy packed lunch
- raingear, gumboots, & warm clothes (open boat ride for 4 hours or more)

Clothing (preferably fleece or wool not cotton) Wrap in waterproof bag.:

- 3 pairs of pants (quick drying)
- 1 belt, if necessary
- 4 T-Shirts
- 2 long sleeve shirts
- 1 warm sweater (fleece)
- 1 bathing suit
- 1 warm toque
- 1 sun hat
- 1 pair of sunglasses

Toiletries:

- 1 toothbrush & paste
- 1 small container shampoo
- 1 wash cloth
- 1 towel
- 1 brush or comb

Swan Bay Rediscovery supplies the following:

- 1" thick foam pads in camp
- All cooking and eating supplies
- Sun-block
- All first aid supplies
- Toilet paper, hand washing soap, etc.

VERY IMPORTANT

- **No electric devices** of any sort, including watches, are permitted during the trips
- No iPods, MP3 players, or electronic games allowed
- Any electronic devices or games that end up in camp will be taken by a staff member, kept for safe keeping and returned to participant at the end of camp.
- Please leave valuables like jewelry and money at home.
- Please do not bring candy, gum or any other sugary treats.